

An update on PFAS in drinking water and CDC/ATSDR health study

Laurel Schaider, Silent Spring Institute
Laurie Nehring, PACE
Ayer Board of Health, November 9, 2020





In the news

- ➤ In October, Massachusetts
 Department of
 Environmental Protection
 finalized the state's PFAS
 drinking water standard
- This standard is among the strictest in the U.S.

State regulators issue new restrictions on 'forever chemicals'

By David Abel Globe Staff, Updated September 24, 2020, 6:57 p.m.











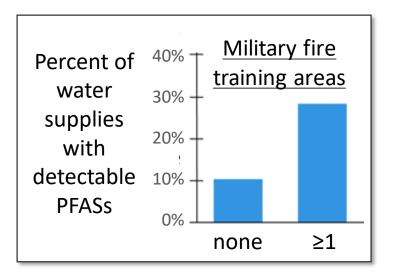
Under the new rules, the state will require communities to take action to clean up their drinking water if the total concentration of six of the more common PFAS chemicals reaches 20 parts per trillion. DAVID L. RYAN/GLOBE STAFF/FILE 2019

Sources of water contamination

WISHINGTON WORKS

- Aqueous film forming foam (AFFF) for fighting fuel fires
- Chemical manufacturing and other industries
- Wastewater discharges and biosolids (sludge)
- Landfills

Public water supplies close to major sources are more likely to detect PFASs



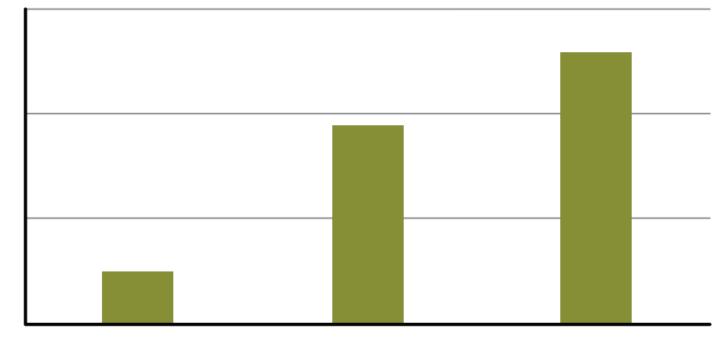
Hu et al. 2016. ES&T Letters. 3(10):344-50.



Septic systems may also be a source

Private wells with higher nitrate had higher PFAS

Average total
PFAS
concentration
(parts per 5
trillion)



Note:

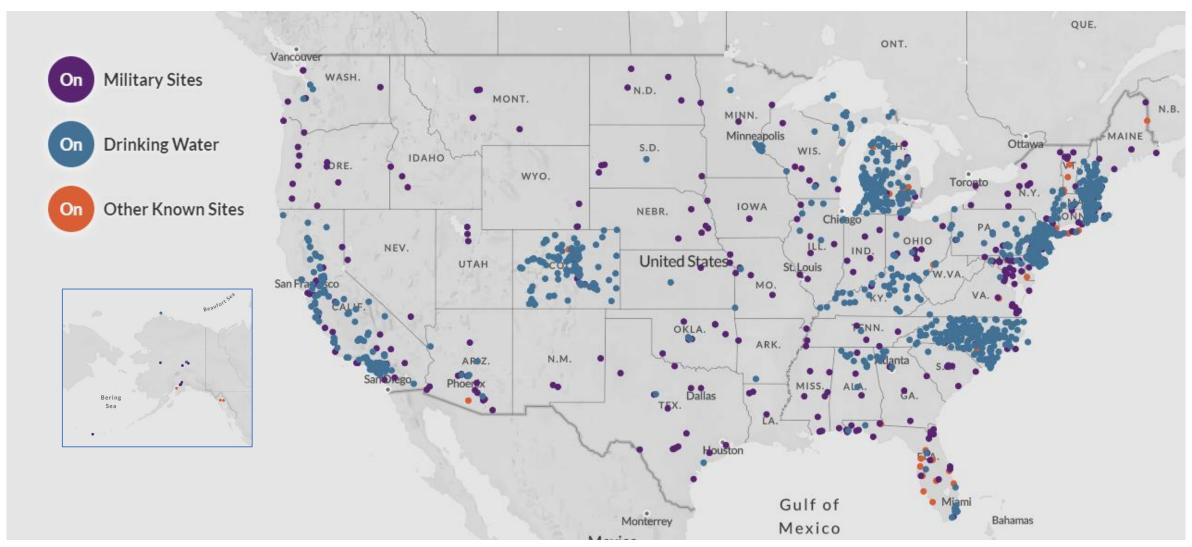
97% of private wells we tested on Cape Cod were below MassDEP's new standard



SILENT SPRING INSTITUTE
Researching the Environment and Women's Health

Low nitrate (<0.5 mg/L) 42 wells Medium nitrate (0.5–5 mg/L) 49 wells High nitrate (>5 mg/L)
10 wells

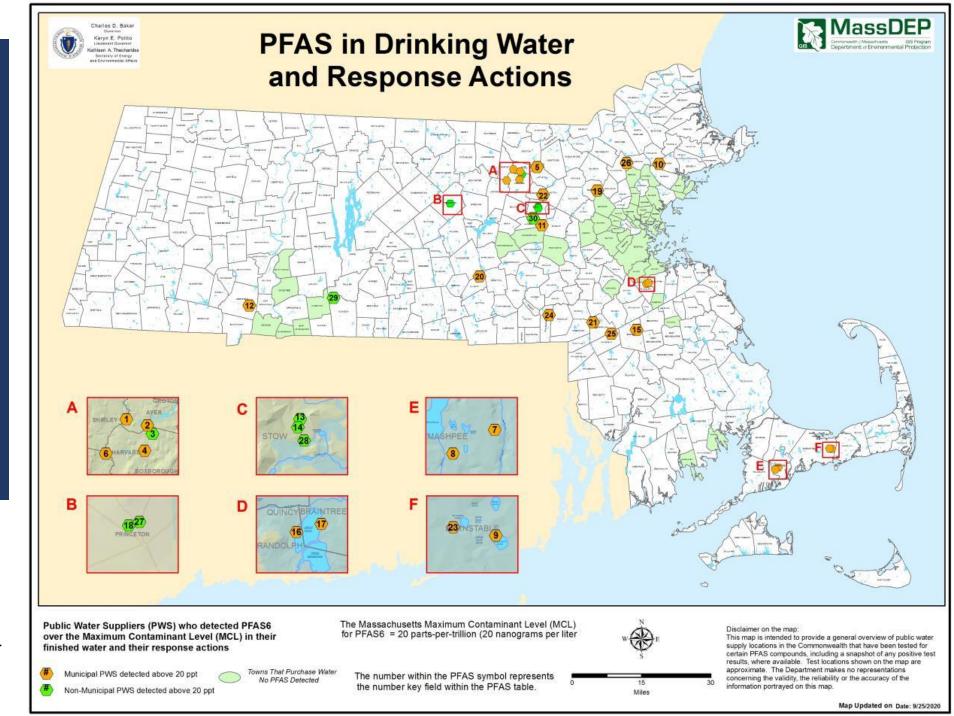
EWG: 2,230 contaminated sites in 49 U.S. states Over 110 million Americans with PFAS in drinking water



Massachusetts public water supplies

- 30 publicwater suppliesabove 20 ppt
- More will likely be discovered

https://www.mass.gov/infodetails/per-and-polyfluoroalkylsubstances-pfas

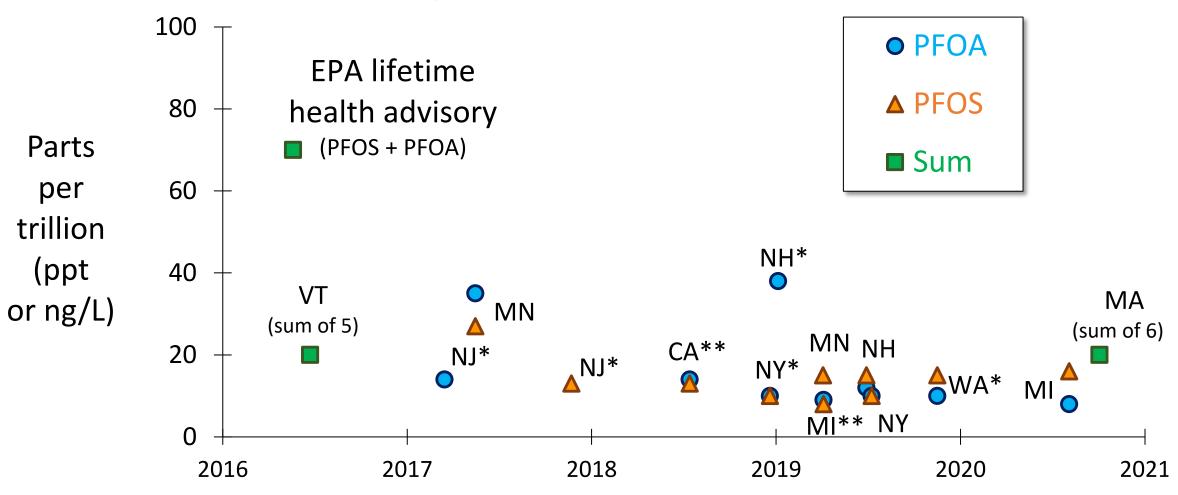


There are currently no Federal enforceable drinking water standards (MCLs) for PFAS.

Some states, including Massachusetts, have developed guidelines or standards for PFOS, PFOA, and a few other PFAS.



Most recent guidelines are in 10-20 parts per trillion range





MassDEP responses

June 2018: Public health guideline (ORSG)

70 ppt for sum of 5 PFAS chemicals

Petition from CLF and Toxics Action Center Oct. 2018:

Public hearing, comments on petition Jan. 2019:

April 2019: Launched process to develop standards

June 2019: Draft GW-1 standard (current or foreseeable drinking water)

20 ppt for sum of 6 PFAS chemicals

Dec. 2019: Draft MCL standard (public water supplies)

20 ppt for sum of 6 PFAS chemicals

Oct. 2020: MCL adopted

Researching the Environment and Women's Health







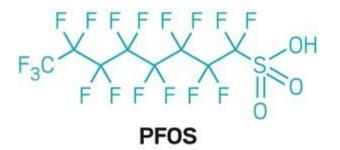
New Massachusetts MCL

 Restricts total amount of six PFAS chemicals to 20 parts per trillion (ppt, or ng/L)

- PFHpA (C7)
- PFOA (C8)
- PFNA (C9)
- PFDA (C10)

PFOA

- PFHxS (C6)
- PFOS (C8)
- PFOS (C8)





Mass. PFAS and Your Health Study

Ayer *
Hyannis *

- One of 7 projects funded across the U.S.
- Funded by CDC/Agency for Toxic Substances and Disease Registry
- Partners:
 - Silent Spring Institute
 - Harvard T.H. Chan School of Public Health
 - Eastern Research Group
 - Massachusetts Breast Cancer Coalition
 - People of Ayer Concerned about the Environment



Scope of study





PFAS exposures and markers of health effects

- Cholesterol and lipids
- Thyroid hormones
- Liver and kidney function
- Neurobehavioral effects (children)



1000 adults and 300 children total (both communities)

300 adults and 100 children in Ayer



Phase 1: Hyannis (starting in spring 2021)

Phase 2: Ayer (starting late 2021)



Studying health effects



- Study will improve our understanding of links between individual PFAS chemicals and some PFAS mixtures with some markers of illness and some health conditions
- Study not well-suited to address
 - Rarer diseases like cancer
 - Exposures to newer PFAS



Reconstructing past exposures

Ayer *
Hyannis *

- Identifying potential sources
- Modeling movement in groundwater
- Modeling mixing in the distribution system
- Estimating drinking water consumption



Firefighters battling 4-alarm blaze in Devens

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Smoke billows Monday morning from Devens Recycling Center, a 60,000 square foot steel building filled with 20-foot-tall piles of rubbish, T&G Staff/Rick Cinclair

By Scott O'Connell / Telegram & Gazette Staff

Posted May 18, 2015 at 8:05 AM Updated May 18, 2015 at 10:14 AM









DEVENS - Firefighters this morning were battling a massive overnight fire at the Devens Recycling Plant.

The four-alarm blaze was initially reported via a box alarm around 9:30 p.m. on Sunday, according to the Devens Fire Department. Fire crews from at least six other towns were called in to assist.

The cause of the fire is still unknown. Nobody was inside the building at the time.

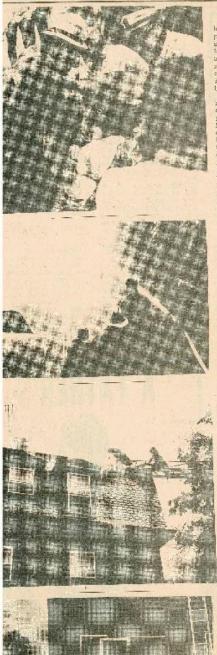
As of 7:45 a.m., some fire crews were being released, but remaining firefighters were still dealing with several hot spots at the building, the Devens fire department said.

The Devens plant, which is located at 45 Independence Drive at the former Army base, is one of the largest recycling centers in the state.

Return to telegram.com for more on this story.



THE PUBLIC SPIRIT, AYEK, MASS



AYER FIRE, EXPLOSION CONT.

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the blast. Police Chief Rather +, Mrand reported he had just walkpolice station atoms with CVficer Enbort Bakip when the explosion lank place before their eyes utmet a thousand test many. The Chini dispatened Rakip and Officer Elner whitnhead to the seeme and then surraneed help to the area, Officer Whitehead year treated at the hospital for a deg bits and cal scrat-ches, received withoutlettting to resche those aritials from one of the burning burnes. He returned to outy to assist at the scene after troubment.

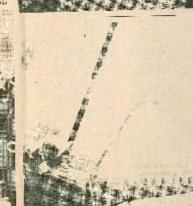
ROOFERS SAVE ROOF

AVID - The Mardybrithers, July in the Land sol, whit doin Ladines, all of paper oll, were excepting the means of Arthur Schwarts on Plessuant Street when they harded an explosion of mer smoke from what disabled in the Theoday's disable rous bears fire.

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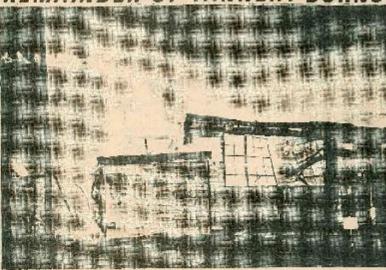
After their first mase was destroyed by free, they found another and spect the duration of the thre shielded from the treat by a chickey, dirceting a stream of wher to have the roof of the building.





Thursday, June 4, 1970

REMAINDER OF TANNERY BURNS



THE LAST OF IT - what was left, is no more following a spectacular fire that swept the remaining relic of the Hartmett Tanning Company, most of which was destroyed by fire about nine years upon The Sunday might fire brought signerates from Ayer, Groton and Shirley before the interno was jud out. (Photo by Cunway).

AYER - The former Mida hottee of the Harmett Tonning Company, which escaped extensive damage in the multimillion dollar fire that sweld the tunnery in June 1981, was ravaged by flames late Sucday night, destroying the building, as hundreds of spectakers watched, being drawn to fire engine sirens, as well us the glow that lit up the sky around the area. With tho townspeople well aware of that frightmi night of June E, 1961, when the tamery, rope lactory, wire and cable company, fraight office, and several nearby homes were destroyed in a \$5-1/2 milition holeeaust that ripped through the area south of the Ayer dapart, many went to the seeme this week, as the three story building was a raging interco as the fire department arrived rope at the international Purchasing Company, but a short distance sway, and affection was given to this area to insure that spaces from the blace did not ignite from the blace did not ignite the rope. A section of the Iron the internal best of the fire.

A count of a fire near the USC building in Depai Square was checked during the height of the blaze, but to fire was located there. Several small great fires along the railroad

trucks reportedly we're also quickly extinguished.

Cause of the fire in the shandaced building is under investigation by the Fire Chief and all indications according to the chief, are that the fire was set. Damage is especially to amount to several thousands of follars, but the exact figure is rather hard to destroying at this time, due to that age from the original fire in 1981.

What can we do now?

- Ayer *
 Hyannis *
- Start letting residents know about the study
- Raise awareness through community events and online resources
- Establish community advisory board



TO LEARN MORE:

Laurel Schaider, Silent Spring Institute

email: schaider@silentspring.org

website: www.silentspring.org

PACE (People of Ayer Concerned about the Environment) facebook.com/PACEayer/

Ayer DPW PFAS information

www.ayer.ma.us/water-department/pages/pfas-drinking-water