

# Swim Lessons at Sandy Pond Beach 2018

## New schedule! classes run Monday- Thursday!!!

AGES 4 AND UP

Session I 7/9- 7/19

Session II 7/30-8/9

	Morning		Evening
Level 1	11:30 am	or	5:00 pm 30 minute class
Level 2	10:45 am	or	5:30 pm 30 minute class
Level 3	10:00 am	or	6:00 pm 30 minute class
Level 4	9:15 am	or	6:30 pm 45 minute class

\*\*\*\* All classes meet Monday through Thursday \*\*\*\*

Makeup classes will be held the week of July 23th and August 14th.

Times are subject to change depending on class size and class size may be limited. A minimum number of participants are required to hold a class.

**Please write *session, level and time (morning or evening)*:**

All 30 minute classes are \$50.00 per session for Ayer residents and \$60.00 for non- residents

All 45 minute classes are \$60.00 per session for Ayer residents and \$70.00 for non- residents

**Please deduct \$5.00 for each additional child and use a separate form for each child**

Name: \_\_\_\_\_ amount enclosed: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ email address: \_\_\_\_\_

Emergency contact name and phone number: \_\_\_\_\_

**Please indicate any physical limitations or pertinent medical conditions:**

I hereby release, discharge and/or otherwise indemnify the Town of Ayer and the Ayer Park Department, their affiliated organization and sponsors, their employees and associated personnel, against any claims by or on behalf of the registrant as a result of the registrant's participation in the Ayer Recreational Swim Instruction Department.

Parent/Guardian name: \_\_\_\_\_ Signature: \_\_\_\_\_

**Please make checks payable to: Ayer Parks and Recreation. You may bring this form to the beach or mail this form with your check to: Ayer Town Hall**

**Attention: Recreation Dept.**

**1 Main St.**

**Ayer, MA 01432**

**For questions about swim lessons please contact [swimlessons@ayer.ma.us](mailto:swimlessons@ayer.ma.us) for general questions contact [sandypond@ayer.ma.us](mailto:sandypond@ayer.ma.us) or call 978-501-1531**

***Thank You for supporting the Ayer Park Department!***

Check # \_\_\_\_\_

**Level 1-** Emphasis for beginners is water safety and gaining confidence in the water by learning how to float and hold their breath briefly under water. By the end swimmers should be able to float on their stomachs and backs and hold their breath under water.

**Level 2-** Swimmers learn basic backstroke and front crawl and continue to work on their confidence in the water.

**Level 3-** Teaches backstroke and side stroke and continued work on front crawl and other basic strokes.

**Level 4-** Swimmers should be very comfortable in the water, are already familiar with basic strokes, learning dives, students at this level will be going out to the large dock.

**Levels 5 and 6-** Levels 5 and 6 are for older children who would like to work on endurance swimming, diving and learning more advanced water safety and rescue skills. This class requires a minimum number of participants to be held.

**Adult classes** – Please ask us about signing up for adult classes for beginner adult swimmers. Classes will be Fridays, times to be determined.

**Mommy/Daddy and me** classes will be held on Saturday mornings for ages 6 months through 3 years old. The emphasis is on fun and comfort in the water. There is a separate registration form for this class.

If you are unsure of your child's level there will be a brief swim ability assessment at the first lesson, there may be some children who will move up or down a level at this time. You will only be notified prior to the start of the swim session if there is a change in the schedule, otherwise classes will meet as scheduled on the sign up form. Email will be used as the primary form of communication for class cancellations and class information. We apologize but we are not able to accommodate swapping between night and day classes.

Makeup classes will be the week following each session at the same time as the regular lesson and are only for cancellations due to weather or beach closing. We will hold class during light rain or drizzle, class will be cancelled for thunder and lightning and we try to send out an email as soon as we have made the decision to cancel classes for the day. Be sure to check the Sandy Pond facebook page for the latest on cancellations and beach closing.

*On the days that you are taking swim lessons, if you are a non-resident of the town of Ayer you may remain at the beach after your lessons at no charge.*

*Park hours are from 10am-8pm daily. Swimming is allowed from 12pm-7pm. There is no swimming allowed during morning lessons or when there is no lifeguard on duty. We look forward to another great year at Sandy Pond beach!*

**Thank you for supporting the Ayer Park Department!!**

