

# MOMMY/DADDY AND ME

The Ayer Park Department and Sandy Pond are pleased to offer “Mommy or Daddy and Me” classes! The classes are designed for parent/child swim in which our certified instructors introduce your children to the water and also to teach parents water safety and how to help their child develop early swimming skills. This is a fun course with plenty of games and excitement for everyone!

You can sign up for “Mommy/Daddy and Me” classes at the Town Hall or at Sandy Pond for ages ranging from 6 months through 3 years. This is a parent or caregiver and child class, so each child must have an adult accompanying them and both parents are welcome to attend. As a reminder beach hours are from 12pm-7pm daily and there is no swimming allowed for non-swim lesson participants during class time.

\$30 for Ayer residents for a **six week session** (one class per week) \$40 for non-Ayer residents  
Classes will be on Saturday mornings from 11-11:30 starting Saturday July 7  
Class size is limited. For children wearing diapers, please use swim diapers.

*If you have any questions please feel free to contact us at Sandy Pond (978)-501-1531 or [sandypond@ayer.ma.us](mailto:sandypond@ayer.ma.us)*

Participant names \_\_\_\_\_

Address/phone: \_\_\_\_\_

**Please indicate any physical limitations or pertinent medical conditions:**

\_\_\_\_\_  
I hereby release, discharge and/or otherwise indemnify the Town of Ayer and the Ayer Park Department, their affiliated organization and sponsors, their employees and associated personnel, against any claims by or on behalf of the registrant as a result of the registrant's participation in the Ayer Recreational Swim Instruction Department.

**Parent/Guardian name:** \_\_\_\_\_ **Signature:** \_\_\_\_\_

**Please make checks payable to: Ayer Parks and Recreation**

**Mail this form with your check to: Ayer Town Hall**

**Attention: Recreation Dept.  
1 Main St.  
Ayer, MA 01432**

\*Thank You for supporting the Ayer Park Department\*