

Bangarang Yoga



A youth yoga program offered through the Ayer Parks Department presents

Pajama Yoga!

The Ayer Parks Department will be offering a new program, Bangarang Yoga, which will consist of yoga classes designed specifically for children. Amy Maloney, a certified and licensed youth yoga instructor, will be coordinating the program. The initial session will be Pajama Yoga, a six week hour long class on Friday nights from 6:00-7:00 at the Ayer Town Hall that allows participants to come in their pajamas and then head right home at bedtime! Classes begin July 20 and run through August 24. Participants should be between ages 4-9 for this particular session. We hope to offer future classes for younger and older children as well.

The registration fee is \$75. All equipment will be provided. Please fill out the form below and submit it with payment made out to the Ayer Parks Department. You may drop off the registration at the Parks office on the third floor or mail it to **Ayer Parks Department, 1 Main Street, Ayer, MA 01432**. You can also register online at <http://www.ayer.ma.us/parks-recreation>. If you have any questions, please visit the Bangarang website at www.facebook.com/bangarangyoga. Registrations must be received by July 18. The class size is limited to 12 participants, so it is recommended to register early to ensure a spot in the program.

Name: _____ Age _____

Parent/Guardian Name: _____

Phone: _____

Health issues we need to be aware of: _____

Injury Waiver: As parent/guardian of the above named individual, I hereby absolve all instructors, administrators, or other participants in this program from all liability and will not hold them responsible for injury incurred during classes. I also understand the Ayer Parks Department has the authority to suspend or remove any participant from the program for detrimental behavior at their discretion.

Parent signature: _____ Date: _____

Email (please print clearly): _____