



WILLIAM JAMES COLLEGE

INTERFACE Referral Service

Ayer Shirley William James INTERFACE Activity Report

Cumulative Data Table since Inception

Reporting Period	Ayer	Shirley	Total
5/1/13-6/30/15	6	8	14
7/1/13-12/31/13	13	11	24
1/1/14-6/30/14	21	16	37
7/1/14-12/31/14*	11	9	21
1/1/15-6/30/15	27	28	55
7/1/15-12/31/15	21	13	34

*For this reporting period, there was one person living in Fitchburg attending Ayer Shirley Regional High School

All of Below refers to the most recent 6 month reporting period of July 1, 2015 to December 31, 2016

Data Trends: Most notable about this reporting period is the increase in referrals for this six month period, as opposed to previous years during this same time frame. There is also a higher number of repeat callers looking for additional services or calling for another family member. This would suggest that the callers appreciate the service and have found it to be effective and impactful. As with most communities, a majority of callers were requesting help for depression and/or anxiety; additionally, 6 referrals were for ADD/ADHD, 5 referrals were for individuals who were engaging in self-injury, and 4 referrals were for individuals who were experiencing suicidal ideation.

Age of Client to be Served:

Preschool (0-5 years): 2
Children (6-12 years): 14
Teenagers (13-17 years): 13
Young Adult (18-24 years): 1
Adults (25-59 years): 4
Older Adult (60+): 0

Gender of Client to be Served:

Male: 14
Female: 20
Transgender: 0



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Sources of Calls from Schools:

Preschool: 1
Page Hilltop Elementary: 7
Lura White Elementary: 2

Ayer Shirley Regional Middle School: 9
Ayer Shirley Regional High School: 5
Nashoba Valley Regional Vocational Technical: 3
Francis W. Parker Charter Essential: 1
Littleton Middle School: 2

Type of Caller:

Parent: 25
Self: 3
School staff: 2
Mental Health Provider: 3
Family Member (grandmother): 1

Learned about the Helpline Through:

Schools: 23
Previous Caller: 6
Mental Health Provider: 3
Family member/friend: 1
Primary Care Physician: 1

Presenting Concerns*:

**(Note: some cases have overlapping issues, so the following numbers do not match up with the number of cases).*

Abuse and Neglect: 1
ADD/ADHD: 6
Anger: 1
Anxiety: 17
Autism Spectrum Disorder: 3
Behavioral Issues: 2
Bipolar Disorder: 0
Bullying: 0
Chronic and Disabling Conditions: 1
Depression: 10
Divorce/Family Issues: 3
Grief and Loss: 1
Learning Issues: 2



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Obsessive Compulsive Disorder: 1
Oppositional or Defiant Behavior: 0
Parent Coaching and Support: 1
Personality Disorders: 1
Self-Injury: 5
Social Issues: 5
Stress: 4
Suicidal Ideation: 4
Substance Use/Abuse: 0
Trauma: 2
Testing and Assessment: 1