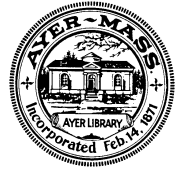


# Town of Ayer

## Benefits and Payroll Department

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## Memorandum

**Date:** June 4, 2015  
**To:** Town Administrator Robert Pontbriand  
**From:** Kevin A. Johnston  
**Subject:** Monthly Report – May 2015

The May monthly report for the Benefits and Payroll Office includes:

- Employee Wellness Program – The Town of Ayer Wellness program for employees kicked-off this month with Minuteman Nashoba Health Group Wellness Coordinator Marcy Morrison leading a group in Town Hall through a desk workout program. The program was well received by those in attendance and a second program about Reading Food Labels was provided the next week. The Wellness Program will continue through the summer in conjunction with development of an annual schedule of Wellness Activities for FY 2016.
- Dental Benefits – Altus Dental extended the voluntary dental benefits program to include dependent children up to age 26 with no increase in premiums. This change coincides with the Affordable Care Act age limit for health benefits coverage for dependent children; previously dependent children were eligible for dental benefits up to age 23. This information was shared with the employees of the Town and enrollment changes were made as needed.
- Middlesex County Retirement System (MCRS) Advisory Council Meeting – The Advisory Council met in May and received an update on investments and assessments & system valuation. The Council approved the FY16 Budget recommendation and voted a 2% COLA for employees of the Retirement System. In addition, the Council unanimously approved to increase the benefit payable to certain surviving spouses of disabled retirees from \$9,000 to \$12,000.
- Minuteman Nashoba Health Group (MNHG) Board of Directors – The Board met in May and was informed that MNHG is on track to meet financial targets for the fiscal year. In addition there was discussion about the recent changes to the GIC plan design and initial conversation about making similar changes at MNHG. The Directors unanimously agreed that more information is needed, there is opposition to any plan design changes at this time, and discussion about plan any plan design change would be for FY17 at the earliest.